

Summer Salad

- 1 large cucumber, peeled, seeded and cut into large chunks
- 1 large sweet onion, cut into large chunks
- 2 or 3 large tomatoes, cut into large chunks
- 1 avocado, cut into chunks
- 1 bunch of cilantro, coarsely chopped
- 1/4 cup good quality olive oil
- 1 slice Gorgonzola cheese
- salt and freshly ground black pepper

This is a good salad for warm summer days when fresh vegetables are available from the farmers' market



Chill the cucumber, onion and avocado. Mix cucumber, onion, tomatoes, cilantro and avocado. Drizzle with olive oil and season with salt and pepper. Place slice of Gorgonzola cheese on top.

Serve with toasted bread and extra olive oil for drizzling.

To seed the cucumber, after peeling cut it in half lengthwise. Use a tablespoon to scrape out the seeds.

